PROGRAM

ARTHROSCOPY OF THE SHOULDER

Latest advances in treatment of shoulder instability and rotator cuff pathology

Wednesday, July 1, 2026

07.45 Welcome and registration

Shoulder Instability

08.15 Opening
Ronald WESSEL (NL)
08.20 Radiology work up for the unstable shoulder
Henk-Jan VAN DER WOUDE (NL)
08.40 Arthroscopic aspects of shoulder instability
Olivier VAN DER MEIJDEN (NL)
09.00 Bony or soft tissue procedure for shoulder instability?
Berte BOE (NO)
09.20 Arthroscopic Bankart repair with or without Hill-Sachs remplissage
Okke LAMBERS HEERSPINK (NL)

09.45 Coffee break

10.15 HANDS-ON instability repair

11.45 Lunch

12.15 Labral augmentation and OATS Hill-Sachs filling techniques, “The Italian style”
Maristella SACCOMANNO (IT)
12.35 Dynamic Anterior Stabilization (DAS) Shoulder, different techniques
Ana Catarina ANGELO (PT)
12.55 Open Latarjet procedure
Hannan MULLET (IRL)
13.15 Posterior shoulder instability
Bart-Jan VEEN (NL)
13.35 Re-Live surgery: Dynamic Anterior Stabilization (DAS) with Hill-Sachs remplissage
Clara AZEVEDO **(PT)**

14.00 Tea break

14.30 HANDS-ON instability repair

16.00 Drinks at the lab

16.10 Re-Live surgery at lab: Arthroscopic Eden-Hybinette using endo-button and distal lateral clavicula autograft
Pol HUYSMANS (NL)

16.30 HANDS-ON instability repair

17.30 Drinks

18.00 Departure by bus for dinner. Faculty and participants registered for the courses on Thursday and Friday are invited.

Thursday, July 2, 2026

Rotator cuff pathology

08.15 Opening
Tjarco ALTA (NL)
08.20 Radiology work up in rotator cuff pathology

08.40 Biceps and SLAP lesions
Okke LAMBERS HEERSPINK (NL)
09.00 Arthroscopic treatment of partial and full thickness tears: “How I do it”
Hannan MULLET (IRL)
09.20 Small rotator cuff tears: debridement or repair? “The Norway style”
Berte BOE (NO)
09.40 Full thickness rotator cuff lesions: Single or double row repair? “How I do it”
Pol HUYSMANS (NL)

10.00 Coffee break

10.30 HANDS-ON Rotator cuff repair/biceps tenodesis

12.00 Lunch

12.30 Guidelines for treatment of Sub Acromial Pain Syndrome (SAPS)
Bart-Jan VEEN (NL)
12.50 Acromioclavicular joint (ACJ) treatment options
Clara AZEVEDO (PT)
13.10 Biologic augmentation strategies for rotator cuff tears
Maristella SACCOMANNO (IT)
13.30 Re-Live surgery: Arthroscopic assisted lower trapezius transfer
Jean-David WERTHEL (FR)

13.50 Tea break

14.15 HANDS-ON Rotator cuff repair/biceps tenodesis/Tendon transfer

15.50 Drinks at the lab

16.00 Re-Live surgery at lab: Arthroscopic Superior Capsular Reconstruction using Fascia Lata autograft
Ana Catarina ANGELO (PT)

16.20 HANDS-ON Rotator cuff repair/biceps tenodesis/SCR/Tendon transfer

17.00 Dissection
Ronald BLEYS (NL)

18.00 Drinks

18.15 Departure by bus for a dinner at ‘Slot Zeist’. Drinks, dinner and scientific session together with the Dutch Shoulder and Elbow Society. Traveling Fellowship report.
Faculty and participants registered for the course on Friday are invited.