

## PROGRAM

### ARTHROSCOPY OF THE SHOULDER

#### Latest advances in treatment of shoulder instability and rotator cuff pathology

Wednesday, July 5, 2023

07.45 Welcome and registration (Stratenum – main entrance)

#### Shoulder Instability

**(Location: blue lecture hall (blauwe collegezaal))**

08.15 Opening

**Derek VAN DEURZEN**, *the Netherlands*

08.30 Radiology work up for the unstable shoulder

**Henk-Jan VAN DER WOUDE**, *the Netherlands*

08.50 Arthroscopic aspects of shoulder instability

**Tjarco ALTA**, *the Netherlands*

09.10 Re-Live surgery: Arthroscopic Eden-Hybinette using endo-button and distal lateral clavicle autograft

**Poi HUYSMANS**, *the Netherlands*

09:30 Bony or soft tissue procedure for shoulder instability?

**Derek VAN DEURZEN**, *the Netherlands*

#### 09.50 Coffee break (near blue lecture hall)

10.10 Dynamic Anterior Stabilization (DAS) Shoulder, different techniques

**Catarina ANGELO**, *Portugal*

10.30 Open Latarjet procedure

**Hannan MULLET**, *Ireland*

10.50 Arthroscopic Latarjet procedure, different techniques

**Charles BESSIERE**, *France*

11.10 AC-joint instability, my preferred technique

**Berte BØE**, *Norway*

#### 11.30 Lunch (Moyer café – Stratenum)

12.15 Posterior shoulder instability

**Ronald WESSEL**, *the Netherlands*

12.35 Arthroscopic Bankart repair with or without Hill-Sachs remplissage

**Henk VAN DER HOEVEN**, *the Netherlands*

12.55 Re-Live surgery: Dynamic Anterior Stabilization (DAS)

**Clara AZEVEDO**, *Portugal*

#### 13.35 Tea break (Moyer café – Stratenum)

14.00 HANDS-ON instability repair

#### 17.30 Drinks (Moyer café – Stratenum)

18.00 Departure by bus for dinner at Grand Bar & Brasserie Marie in Utrecht. Faculty and participants registered for the courses on Thursday and Friday are invited.

Thursday, July 6, 2023

## Rotator cuff pathology

(Location: yellow lecture hall)

- 08.15 Opening  
**Derek VAN DEURZEN**, *the Netherlands*
- 08.30 Radiology work up in rotator cuff pathology  
**Debbie DUYNDAM**, *the Netherlands*
- 08.50 Guidelines for treatment of Sub Acromial Pain Syndrome (SAPS)  
**Michel VAN DEN BEKEROM**, *the Netherlands*
- 09.10 Acromioclavicular joint (ACJ) treatment options  
**Ronald WESSEL**, *the Netherlands*
- 09.30 Biceps and SLAP lesions  
**Tjarco ALTA**, *the Netherlands*
- 09.50 Arthroscopic treatment of partial and full thickness tears: "How I do it"  
**Hannan MULLET**, *Ireland*

### 10.15 Coffee break (Moyer café – Stratenum)

- 10.45 Small rotator cuff tears: debridement or repair? "the Norway style"  
**Berte BØE**, *Norway*
- 11.05 Full thickness rotator cuff lesions: Single or double row repair? "How I do it"  
**Poi HUYSMANS**, *the Netherlands*
- 11.25 Massive rotator cuff tears, my preferred algorithm  
**Charles BESSIERE**, *France*
- 11.45 Superior Capsular Reconstruction (SCR), different techniques  
**Clara AZEVEDO**, *Portugal*
- 12.05 Tendon transfers: when and how?  
**Derek VAN DEURZEN**, *the Netherlands*

### 12.30 Lunch (Moyer café – Stratenum)

- 13.00 Re-Live surgery: Arthroscopic subscapularis repair  
**Berte BØE**, *Norway*
- 13.30 Re-Live surgery: Arthroscopic Superior Capsular Reconstruction using Fascia Lata autograft  
**Catharina ANGELO**, *Portugal*
- 14.00 HANDS-ON - Rotator cuff repair/biceps tenodesis/SCR

### 16.30 Tea break (Moyer café – Stratenum)

- 17.00 Dissection  
**Ronald BLEYS**, *the Netherlands*

### 18.00 Drinks

- 18.15 Departure by bus for a dinner at 'Slot Zeist'. Drinks, dinner and scientific session together with the Dutch Shoulder and Elbow Society. National Best Paper prize award session. Faculty and participants registered for the course on Friday are invited.