

PROGRAM

ARTHROSCOPY OF THE SHOULDER

Latest advances in treatment of shoulder instability and rotator cuff pathology

Wednesday, July 3, 2024

07.45 Welcome and registration (Yellow lecture hall)

Shoulder Instability

08.15 Opening

Tjarco ALTA, the Netherlands

08.30 Radiology work up for the unstable shoulder

Henk-Jan VAN DER WOUDE, the Netherlands

08.50 Arthroscopic aspects of shoulder instability

Tjarco ALTA, the Netherlands

09.10 Bony or soft tissue procedure for shoulder instability?

Ronald WESSEL, the Netherlands

09.30 Arthroscopic Bankart repair with or without Hill-Sachs remplissage

Okke LAMBERS HEERSPIJK, the Netherlands

09.50 Coffee break

10.10 Labral augmentation and OATS Hill-Sachs filling techniques, "the Italian style"

Maristella SACCOMANNO, Italy

10.30 Dynamic Anterior Stabilization (DAS) Shoulder, different techniques

Clara AZEVEDO, Portugal

10.50 Open Latarjet procedure

Hannan MULLET, Ireland

11.10 Posterior shoulder instability

Bart-Jan VEEN, the Netherlands

11.30 Lunch

12.15 AC-joint instability, my preferred technique

Berte BØE, Norway

12.35 Re-Live surgery: Dynamic Anterior Stabilization (DAS)

Ana Catarina ANGELO, Portugal

13.05 Tea break

13.30 HANDS-ON instability repair

15.00 Re-Live surgery: Arthroscopic Eden-Hybinette using endo-button and distal lateral clavicle autograft

Pol HUYSMANS, the Netherlands

15.30 continue HANDS-ON instability repair

17.30 Drinks

18.00 Departure by bus for dinner. Faculty and participants registered for the courses on Thursday and Friday are invited.

Thursday, July 4, 2024

Rotator cuff pathology

- 08.15 Opening
Ronald WESSEL, *the Netherlands*
- 08.30 Radiology work up in rotator cuff pathology
Debbie DUYNDAAM, *the Netherlands*
- 08.50 Guidelines for treatment of Sub Acromial Pain Syndrome (SAPS)
Bart-Jan VEEN, *the Netherlands*
- 09.10 Acromioclavicular joint (ACJ) treatment options
Ronald WESSEL, *the Netherlands*
- 09.30 Biceps and SLAP lesions
Tjarco ALTA, *the Netherlands*
- 09.50 Arthroscopic treatment of partial and full thickness tears: "How I do it"
Hannan MULLET, *Ireland*

10.15 Coffee break

- 10.45 Small rotator cuff tears: debridement or repair? "the Norway style"
Berte BØE, *Norway*
- 11.05 Full thickness rotator cuff lesions: Single or double row repair? "How I do it"
Pol HUYSMANS, *the Netherlands*
- 11.25 Biologic augmentation strategies for rotator cuff tears
Tjarco ALTA, *the Netherlands*
- 11.45 Superior Capsular Reconstruction (SCR), different techniques
Ana Catharina ANGELO, *Portugal*
- 12.05 Tendon transfers: when and how?
Okke LAMBERS HEERSPIJK, *the Netherlands*

12.30 Lunch

- 13.00 Re-Live surgery: Arthroscopic subscapularis repair
Berte BØE, *Norway*
- 13.30 HANDS-ON - Rotator cuff repair/biceps tenodesis/SCR
- 15.00 Re-Live surgery: Arthroscopic Superior Capsular Reconstruction using Fascia Lata autograft
Clara AZEVEDO, *Portugal*
- 15.30 Continue HANDS-ON – Rotator cuff repair/biceps tenodesis/SCR

16:30 Tea break

- 17.00 Dissection
Ronald BLEYS, *the Netherlands*

18.00 Drinks

- 18.15 Departure by bus for a dinner at 'Slot Zeist'. Drinks, dinner and scientific session together with the Dutch Shoulder and Elbow Society. National Best Paper prize award session. Faculty and participants registered for the course on Friday are invited.