

Preliminary PROGRAM

THE ANKLE 2022

The basics of ankle arthroscopy: Anatomical and practical approach to ankle arthroscopy

Monday, July 4, 2022

07.30 Registration (yellow lecture hall)

Part 1: Arthroscopy of the Ankle

08.00 Opening and welcome

Matthijs Somford, The Netherlands

08.05 Anatomy and portals; what do we like to avoid?

Tom Roeling, The Netherlands

08.20 Indications for anterior ankle arthroscopy, anatomy and physical examination.

...Who are the winners

Menno Bloembergen, The Netherlands

08.35 Indications for posterior ankle arthroscopy, anatomy and physical examination.

...Who are the winners

Joost Schrier, The Netherlands

08.50 Portals and technique anterior and posterior arthroscopy

Matthijs Somford, The Netherlands

09.05 Case discussion in small groups

09.45 Coffee break

10.00 General setup and portals

Menno Bloembergen, The Netherlands

10.10 HANDS-ON session: arthroscopy of anterior ankle

11.30 Lunch

Part 2: Specific pathologies that can be treated arthroscopically

12.15 Anteromedial and anterolateral impingement

Menno Bloembergen, The Netherlands

12.30 Treatment of OCD

Matthijs Somford, The Netherlands

12.45 Ankle arthritis

Joost Schrier, The Netherlands

13.00 Posterior impingement

Sander Wuite, Belgium

13.15 Flexor hallucis tendinopathy

Wilbert van Laar, The Netherlands

13.30 Tea break

13.45 HANDS-ON session: posterior arthroscopy

The practical parts are introduced step by step with powerpoint

15.30 Closing remarks/drinks
Matthijs Somford, The Netherlands

18.15 Departure by bus for drinks/dinner