

PROGRAM

THE ELBOW

The athletes elbow: the role of arthroscopy and the treatment of sport related degeneration

Tuesday, July 4, 2017

08.30 Registration (Yellow lecture hall)

Part 1: Arthroscopy of the Elbow

09.00 Opening and welcome

Denise Eygendaal, The Netherlands

09.05 Case discussion in small groups

09.45 Is overhead sport related to degeneration of the elbow?

Michiel van den Bekerom, The Netherlands

09.55 The role of arthroscopy in degenerated elbows

Roger van Riet, Belgium

10.15 Anatomy of the elbow

Tom Roeling, The Netherlands

10.30 How to prevent complications in elbow surgery

Michiel van den Bekerom, The Netherlands

10.45 Coffee break

11.00 Setup and portals

Carina Gerritsma, The Netherlands

11.10 HANDS-ON session: arthroscopy of all compartments of the elbow

Demo: The practical parts are introduced step by step with powerpoint by

Bertram The/Roger van Riet

Instructors:

Jaap Willems/Roger van Riet/Denise Eygendaal/Michiel van den Bekerom/Bertram The/

Lex Boerboom/Marco van de Pluym/Carina Gerritsma/Derek van Deurzen

13.00 Lunch

Part 2: OCD and tendinopathy of the Elbow

14.00 Case discussion in small groups

14.45 Lateral sided elbow pain

Dense Eygendaal, The Netherlands

14.55 Arthroscopic treatment of OCD

Roger van Riet, Belgium

15.05 OATS for OCD of the elbow, is there still a place?

Bertram The, The Netherlands

15.15 Distal biceps rupture: is there a role for conservative treatment?

Lex Boerboom, The Netherlands

15.25 Pathology around the distal biceps other than total ruptures
Roger van Riet, Belgium

15.40 Tea break

16.00 HANDS-ON session: distal biceps tendon fixation: single incision technique and double incision technique
Demo: The surgical technique is introduced step by step with powerpoint by
Single incision – *Roger van Riet*
Double incision - *Lex Boerboom*

17.15 'Medical pitch': my favorite tip, tric or pitfall for elbow surgery in just 2 minutes
All faculty: Jaap Willems/Roger van Riet/Denise Eygendaal/Michiel van den Bekerom/Bertram The/Lex Boerboom/Marco van der Pluym/Carina Gerritsma/Derek van Deurzen

17.30 Closing remarks/drinks
Denise Eygendaal

18.15 Departure by bus for dinner. Faculty and participants registered for the courses on Wednesday, Thursday and Friday are invited.