

Program Elbow 2026:

08.30 Registration (main entrance – Stratenum)

Part 1: In trouble after fracture surgery... how to proceed?

09.00 Opening and welcome

Denise Eygendaal & Bertram The

09.05 Case discussion – part 1: Stiff, senseless or swollen – what to do? (moderator Bertram The)

09.45 Neurological trouble in elbow surgery... prevention and cleaning up afterwards. (Bertram The / Caroline Hundepool)

10.00 Infectious trouble in trauma surgery of the elbow... help! (Michiel Verhofstad)

10.15 Treating a stiff elbow – what can go wrong? (Anneluuk Lindenhovius)

10.30 Arthroscopy: Set up and portals (Sjaak Kodde)

10.45 Coffee break

11.00 HANDS-ON session (Skills lab)

Arthroscopy of the elbow – a step by step approach (Sjaak Kodde and Anneluuk Lindenhovius)

11.00 Setup & anterior compartment – take down tip of coronoid, retrieval loose body, arthrolysis

11.45 Posterior compartment – take down Mickey Mouse ears, inspection of gutters

12.30 Posterolateral compartment – assessment of PLRI

Instructors:

D. Eygendaal/B. The/C. Gerritsma/L. Boerboom/M. vd Pluijm/A. Lindenhovius/S. Kodde/A. vd Windt

13.00 Lunch

Part 2: Elbow trauma – be prepared to fail!

13.45 Case discussion – Part 2: a fractured elbow, it's not about the bones! (Moderator: Lex Boerboom)

14.20 Radial head fractures: how to prevent splitting head aches (Sjaak Kodde)

14.35 Fractures of the proximal ulna: an update on tensionbands and osteosuturing (Marco vd Pluijm)

14.45 Complex fractures of the elbow and coronoid; wrightington solutions (Anna vd Windt)

15.05 Fractures of the distal humerus: ORIF or prosthesis (Lex Boerboom)

15.20 Osteotomies around the elbow (Denise Eygendaal)

15.40 TEA BREAK

16.00 HANDS-ON session (skills lab):

Fractures of the elbow: surgical approach, tips and tricks.

The practical parts are introduced step by step with powerpoint by M. vd Pluijm and A. Lindenhovius

16.00 lateral approach: LUCL, radial head prosthesis/ORIF, posterior interosseous nerve (M. vd Pluijm)

16.30 medial approach: ulnar nerve, exposure of the coronoid (A. Lindenhovius)

17.00 posterior approach: olecranon osteotomy, distal humerus and radial nerve (M. vd Pluijm)

17.30 Medical pitch in 2 minutes for elbow surgery of treatment of elbow patients

all faculty

17.45 Closing remarks/drinks (Denise Eygendaal)

18.15 Departure by bus for dinner