

**Program Elbow 2026:**

## Elbow fractures and posttraumatic deformities

08.30 Registration (main entrance – Stratenum)

**Part 1: In trouble after fracture surgery... how to act when the shit hits the fan.**

**09.00 Opening and welcome**

*Denise Eygendaal & Bertram The*

09.05 Case discussion – part 1: Stiff, senseless or swollen – what to do? (moderator Bertram The)

09.45 Neurological ‘shit’ after elbow surgery... how to clean up. (Bertram The / Caroline Hundepool)

10.00 Infectious ‘shit’ in trauma surgery of the elbow... help! (Michiel Verhofstad)

10.15 Treating a stiff elbow – what can go wrong? (Anna van der Windt)

10.30 Arthroscopy: Set up and portals (Carina Gerritsma)

**10.45 Coffee break**

11.00 HANDS-ON session (Skills lab)

Arthroscopy of the elbow – a step by step approach (Carina Gerritsma and Anneluuk Lindenhovius)

11.00 Setup & anterior compartment – take down tip of coronoid, retrieval loose body, arthrolysis

11.30 Posterior compartment – take down Mickey Mouse ears, inspection of gutters

12.00 Posterolateral compartment – assessment of PLRI

12.30 Dissection of the ulnar nerve – how close is it?

Instructors:

D. Eygendaal/B. The/C. Gerritsma/L. Boerboom/M. vd Pluijm/A. Lindenhovius/S. Kodde/A. vd Windt

**13.00 Lunch**

## **Part 2: Elbow trauma – be prepared to fail!**

13.45 Case discussion – Part 2: a fractured elbow, it's not about the bones! (Moderator: Lex Boerboom)

14.20 Radial head fractures: how to prevent splitting head aches (Bertram The)

14.35 Fractures of the proximal ulna: an update on tensionbands and osteosuturing (Sjaak Kodde)

14.45 Complex fractures of the elbow; wrightington solutions (Anna vd Windt)

14.55 Fractures of the distal humerus: ORIF or prosthesis (Carina Gerritsma)

15.10 Fractures of the coronoid; indications and exposure (Anneluuk Lindenhovius)

15.20 Osteotomies around the elbow. (Denise Eygendaal)

## **15.40 TEA BREAK**

## **16.00 HANDS-ON session (skills lab):**

Fractures of the elbow: surgical approach, tips and tricks.

*The practical parts are introduced step by step with powerpoint by S. Kodde, L. Boerboom,*

*A. vd Windt and M. vd Pluijm*

16.00 lateral approach: LUCL, radial head prosthesis/ORIF, posterior interosseous nerve (B. The, S. Kodde)

16.30 medial approach: ulnar nerve, exposure of the coronoid (A. Lindenhovius, C. Gerritsma)

17.00 posterior approach: olecranon osteotomy, distal humerus and radial nerve (M. vd Pluijm, Boerboom)

17.30 Medical pitch in 2 minutes for elbow surgery of treatment of elbow patients

all faculty

17.45 Closing remarks/drinks (Denise Eygendaal)

18.15 Departure by bus for dinner