

PROGRAM

ARTHROSCOPY OF THE SHOULDER

Latest advances in treatment of shoulder instability and rotator cuff pathology

Wednesday, July 1, 2026

07.45 Welcome and registration

Shoulder Instability

08.15 Opening

Ronald WESSEL (NL)

08.20 Radiology work up for the unstable shoulder

Henk-Jan VAN DER WOUDE (NL)

08.40 Arthroscopic aspects of shoulder instability

Olivier VAN DER MEIJDEN (NL)

09.00 Bony or soft tissue procedure for shoulder instability?

Berte BOE (NO)

09.20 Arthroscopic Bankart repair with or without Hill-Sachs remplissage

Okke LAMBERS HEERSPIJK (NL)

09.45 Coffee break

10.15 HANDS-ON instability repair

11.45 Lunch

12.15 Labral augmentation and OATS Hill-Sachs filling techniques, "The Italian style"

Maristella SACCOMANNO (IT)

12.35 Dynamic Anterior Stabilization (DAS) Shoulder, different techniques

Ana Catarina ANGELO (PT)

12.55 Open Latarjet procedure

Hannan MULLETT (IRL)

13.15 Posterior shoulder instability

Bart-Jan VEEN (NL)

13.35 Re-Live surgery: Dynamic Anterior Stabilization (DAS) with Hill-Sachs remplissage

Clara AZEVEDO (PT)

14.00 Tea break

14.30 HANDS-ON instability repair

16.00 Drinks at the lab

16.10 Re-Live surgery at lab: Arthroscopic Eden-Hybinette using endo-button and distal lateral clavicle autograft

Po! HUYSMANS (NL)

16.30 HANDS-ON instability repair

17.30 Drinks

18.00 Departure by bus for dinner. Faculty and participants registered for the courses on Thursday and Friday are invited.

Thursday, July 2, 2026

Rotator cuff pathology

- 08.15 Opening
Tjarco ALTA (NL)
- 08.20 Radiology work up in rotator cuff pathology
Joeri ASSINK (NL)
- 08.40 Biceps and SLAP lesions
Okke LAMBERS HEERSPIJK (NL)
- 09.00 Arthroscopic treatment of partial and full thickness tears: "How I do it"
Hannan MULLET (IRL)
- 09.20 Small rotator cuff tears: debridement or repair? "The Norway style"
Berte BOE (NO)
- 09.40 Full thickness rotator cuff lesions: Single or double row repair? "How I do it"
Pol HUYSMANS (NL)

10.00 Coffee break

- 10.30 HANDS-ON Rotator cuff repair/biceps tenodesis

12.00 Lunch

- 12.30 Guidelines for treatment of Sub Acromial Pain Syndrome (SAPS)
Bart-Jan VEEN (NL)
- 12.50 Acromioclavicular joint (ACJ) treatment options
Clara AZEVEDO (PT)
- 13.10 Biologic augmentation strategies for rotator cuff tears
Maristella SACCOMANNO (IT)
- 13.30 Re-Live surgery: Arthroscopic assisted lower trapezius transfer
Jean-David WERTHEL (FR)

13.50 Tea break

- 14.15 HANDS-ON Rotator cuff repair/biceps tenodesis/Tendon transfer
- 15.50 Drinks at the lab
- 16.00 Re-Live surgery at lab: Arthroscopic Superior Capsular Reconstruction using Fascia Lata autograft
Ana Catarina ANGELO (PT)
- 16.20 HANDS-ON Rotator cuff repair/biceps tenodesis/SCR/Tendon transfer
- 17.00 Dissection
Ronald BLEYS (NL)

18.00 Drinks

- 18.15 Departure by bus for a dinner at 'Slot Zeist'. Drinks, dinner and scientific session together with the Dutch Shoulder and Elbow Society. Traveling Fellowship report. Faculty and participants registered for the course on Friday are invited.