

PROGRAM

THE ANKLE 2026

The basics of ankle arthroscopy: Anatomical and practical approach to ankle arthroscopy.

Monday, June 29, 2026

07.30 Registration

Part 1: Arthroscopy of the Ankle

08.00 Opening and welcome

Matthijs Somford

08.05 Anatomy; what do we like to avoid?

Tom Roeling

08.20 Indications for anterior ankle arthroscopy, anatomy and physical examination.

...Who are the winners – Marjolein Morssinkhof

08.35 Indications for posterior ankle arthroscopy, anatomy and physical examination.

...Who are the winners – Joost Schrier

08.50 Portals and technique anterior and posterior arthroscopy

Wilbert van Laar

09.05 Scopic stabilization lateral/syndesmosis

Menno Bloembergen

09.15 Case discussion in small groups

09.45 Coffee break

10.00 General setup and portals. (refresher lecture op snijzaal)

Menno Bloembergen

10.10 HANDS-ON session: arthroscopy of anterior ankle

Moderator: Somford

Instructors: all

12.30 Lunch

Part 2: Specific pathologies that can be treated arthroscopically

13.30 Anteromedial and anterolateral impingement

Menno Bloembergen

13.50 Treatment of OCD

Marjolein Morssinkhof

14.10 Ankle arthritis/degenerative disease/deformity

Wilbert van Laar

14.40 Posterior impingement and FHL tendinopathy

Sander Wuite

14.55 FHL transfer

Joost Schrier

15:10 Case discussion in small groups

15.30 TEA BREAK

16.00 HANDS-ON session: posterior arthroscopy (demonstration of sinus tarsi scopy)

The practical parts are introduced step by step with powerpoint

17.30 Closing remarks/drinks

Matthijs Somford

18.00 Departure by bus for a dinner/drinks